



Join the thousands of Americans dedicated to improving the lives of everyone affected by mental illnesses. When you join, you become a member of NAMI at the national, state, and local levels.

Please enroll me as a member of NAMI.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

I consent to receiving information from NAMI Gainesville by email sent Bcc. Email is optional and kept confidential.

Phone: \_\_\_\_\_

NAMI Gainesville Inc. nonprofit tax exempt  
Federal Tax ID EIN 45-3612306.



- Household membership – \$60
  - Individual membership – \$40
  - Open Door membership – \$5
- (for individuals with limited financial resources)

- Please make checks payable to “NAMI Gainesville”
- Please submit this form with payment to:  
NAMI Gainesville  
P.O. Box 358703  
Gainesville, FL 32635

Mail:  
P.O. Box 358703  
Gainesville, FL 32635

Email:  
info@namigainesville.org

Helpline:  
(352)-374-5600 ext. 8322

Online:  
www.NAMIGainesville.org  
www.facebook.com/NAMIGainesville

The National Alliance on Mental Illness (NAMI), the nation’s largest grassroots mental health organization, is dedicated to building better lives for the millions of Americans affected by mental illness. NAMI is steadfast in its commitment to raise awareness about mental illnesses by providing support, advocacy, education, and research at a national, state, and local level. The parent national website is [www.NAMI.org](http://www.NAMI.org)

**MENTAL HEALTH  
SUPPORT, ADVOCACY,  
EDUCATION, & RESEARCH**



**nami | GAINESVILLE**

[www.NAMIGainesville.org](http://www.NAMIGainesville.org)



## **Mental illnesses are medical disorders of the brain.**

Mental illnesses can disrupt thinking, moods, daily functioning, and the ability to relate to others. Like other serious medical conditions, mental illnesses often result in a changed capacity to navigate the ordinary demands of life. Early identification and treatment of mental illnesses is of vital importance. Treatment and support promote recovery and improvement in quality of life.

## **Mental Illnesses Include:**

- Major depressive disorder
- Generalized anxiety disorder
- Obsessive-compulsive disorder
- Post-traumatic stress disorder
- Bipolar disorder
- Anorexia nervosa
- Bulimia nervosa
- Binge-eating disorder
- Schizophrenia
- Schizoaffective disorder

**We offer support for peers with diagnosed mental illnesses, their family, and their friends.**

**The good news is that “you are not alone.”**

## **We can help.**

- **Education & support meetings**
  - Family members (2<sup>nd</sup> Monday of every month)
  - “Connection Recovery Support Group” meeting (every week)
- **Certified Educational Classes About Mental Illnesses**
  - “Family-to-Family” course for family members and caregivers
  - “Peer-to-Peer course for people with diagnosed mental illness
  - “NAMI Basics” course for family members and caregivers of children and teens
- Annual awareness events
- Speakers Bureau for community education
- Advocacy and Community Relations
- NAMI book and video library